

# JOB SATISFACTION, HEALTH AND WELLBEING QUESTIONNAIRE

IT IS ACKNOWLEDGED THAT ALL INFORMATION PROVIDED ON THIS DOCUMENT WILL BE TREATED AS CONFIDENTIAL.

Your Details – **This is Optional**

Name:	
Current Position:	
Manager's Name:	
Length of Employment:	Gender:      Employment Start:
<p>The answers you provide on this questionnaire will be used to identify workplace factors, mental health and wellbeing factors in the workplace. This questionnaire is part of our continual improvement processes.</p> <p><b>Please answer the questions honestly.</b></p> <p>Please circle just one answer (1, 2, 3, 4 or 5) for each question.</p>	



**SAMPLE**

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1. The following statements relate to the application of your work.		Never	Rarely	Sometimes	Often	Very Often or Always
1.1	Your workload is irregular and sometimes piles up.	1	2	3	4	5
1.2	It is necessary to work at a fast pace.	1	2	3	4	5
1.3	Your work requires physical endurance.	1	2	3	4	5
1.4	Your work is monotonous.	1	2	3	4	5
1.5	Your work tasks are sometimes too difficult for you.	1	2	3	4	5
1.6	You have a choice in deciding what you do at work.	1	2	3	4	5

2.	The following statements relate to the application of your work.	Never	Rarely	Sometimes	Often	Very Often or Always
2.1	Your work requires your maximum attention and focus.	1	2	3	4	5
2.2	Your work requires you to make quick decisions.	1	2	3	4	5
2.3	You have a choice regarding the way you get the work done.	1	2	3	4	5
2.4	You have a choice regarding the pace that you work.	1	2	3	4	5
2.5	There are interruptions that distract you from your work.	1	2	3	4	5
2.6	Your work requires you to deal with complex tasks.	1	2	3	4	5
2.7	You perform your work with a high level of accuracy.	1	2	3	4	5
2.8	You consider your work to be a challenge.	1	2	3	4	5
2.9	The demands of your work interfere with your family life.	1	2	3	4	5

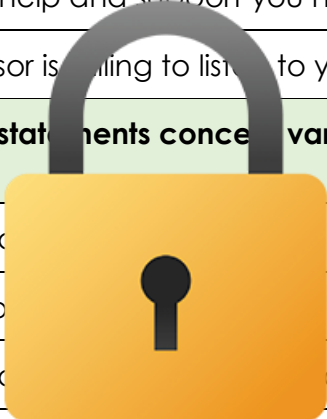


**SAMPLE**

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3.	The following statements relate to the amount of time pressure you have in your current job.	Never	Rarely	Sometimes	Often	Very Often or Always
3.1	You are pressured to work long hours.	1	2	3	4	5
3.2	You have unachievable deadlines.	1	2	3	4	5
3.3	You have unrealistic time pressures.	1	2	3	4	5
3.4	You have to neglect some tasks because you have too much to do.	1	2	3	4	5

4. The following statements concern the support you receive from your supervisor.		Never	Rarely	Sometimes	Often	Very Often or Always
4.1	You can rely on your supervisor to help with a work problem.	1	2	3	4	5
4.2	If the work gets difficult, your supervisor will help.	1	2	3	4	5
4.3	You get the help and support you need from your supervisor.	1	2	3	4	5
4.4	Your supervisor is willing to listen to your work-related problems.	1	2	3	4	5
5. The following statements concern various aspects of your current job.		Never	Rarely	Sometimes	Often	Very Often or Always
5.1	It is clear who is responsible for what work.	1	2	3	4	5
5.2	You know how to do your work done.	1	2	3	4	5
5.3	It is clear who is responsible for what work.	1	2	3	4	5
5.4	You understand how your work fits into the overall aim of the organisation.	1	2	3	4	5
5.5	Clear, planned goals and objectives have been defined for your job.	1	2	3	4	5
5.6	There are things at work you feel should be done differently.	1	2	3	4	5
5.7	You are inspired to give your very best job performance.	1	2	3	4	5



**SAMPLE**

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